





A SILENT IGNATIAN WEEKEND RETREAT FOR WOMEN

March 12 – 14, 2027

with Fr. Chris Llanos, SJ

Called to Follow in the Footsteps of the Suffering Servant

"*He had no form or majesty that we should look at him, nothing in his appearance that we should desire him. He was despised and rejected by others; a man of suffering and acquainted with infirmity*." Isaiah 53: 2b-3.

"He humbled himself and became obedient to the point of death— even death on a cross." Philippians 2: 8

As Holy Week draws near, what does it mean to follow Christ not only in his glory but in his suffering? What does the Passion of Christ ask of us as his followers? What might it mean, in the concrete circumstances of our own lives, to follow Jesus not only when the way is joyful and consoling, but also when it involves suffering, sacrifice, or letting go? This weekend retreat invites you to step away from the noise of ordinary life and spend time in silence, prayer, and reflection on these questions.

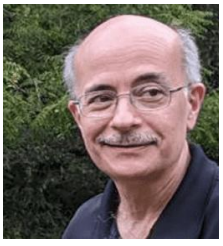
Our reflection will be rooted in two passages of Scripture: The Song of the Suffering Servant in Isaiah, and Paul's call to the Philippians to have the same mind as Christ Jesus, who humbled himself and was obedient to the point of death. Through them we will ask what Christ's passion means for our own lives and for our commitment as his disciples.

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Suggested Offering: $ 280.00 pp
Includes your 2 night's accommodation, meals, retreat program & spiritual direction.

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Fr. Christopher Llanos, SJ was born on the Caribbean Island of Trinidad and moved as a child to Calgary in 1971. He pursued studies at the University of Calgary, where he earned a degree in Psychology and briefly worked as a supervised therapist for individuals on the Spectrum. In 1986, Fr. Llanos entered the Jesuits, subsequently undertaking philosophical studies in Chicago, followed by two years of service at an inner-city school and church in Kingston, Jamaica. Upon presbyteral ordination, Fr. Llanos engaged in pastoral work in Jamaica. He later pursued advanced education, obtaining a Doctorate specialized in Immigration Policy and Ethics from Harvard University. Following the completion of his doctorate, he served by teaching, counselling and conducting retreats and giving spiritual direction. He now resides at La Storta Residence in Pickering where he continues to support Regis students and engages in retreats, spiritual direction, and pastoral ministry within Durham Region parishes.