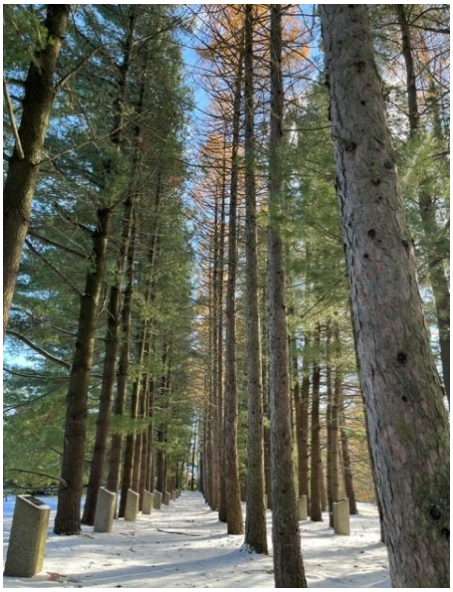


DAY OF REFLECTION

FEBRUARY 22, 2027

With

Fr. Vijai Amirtharaj, C.S.C.

Lent: A Journey of conversion from Blindness to Sight and from Darkness to Light

Schedule for the Day:

9:00	Registration - coffee & muffins
9:30	Welcome & First Talk in Chapel
10:30	Private prayer. Exposition of the Blessed Sacrament. Opportunity for Confession, reflection, and time to wander our grounds.
12:30	Lunch in our Dining Room
1:45	Second Talk in Chapel
2:30	Eucharist. Depart. You are welcome to stay longer for private prayer, reflection and enjoy our grounds.

The holy season of Lent invites us to conversion - a transformation of our hearts and minds, and a renewal of the way we speak, think and act.

How do the three traditional disciplines of Lent—prayer, fasting and almsgiving— help us in our journey of conversion from blindness to sight and from darkness to light?

Suggested offering: $ 75 (includes lunch & coffee/tea break)

REGISTRATION: manresa-canada.ca

EMAIL: manresaregistration@outlook.com

Manresa Jesuit Spiritual Renewal Centre

2325 Liverpool Rd., Pickering, ON L1X 1V4 905-839-2864

MANRESA Finding God in all things



Fr. Vijai Amirtharaj, C.S.C., a member of the Congregation of Holy Cross, was born in India. He completed his initial seminary formation in India, completed his Master of Divinity at Regis College in Toronto and was ordained in 2009. He served as Associate Pastor and Pastor of St. Kevin's Parish in Welland for 12 years and as Pastor of Holy Name Parish in Toronto for 2 years. From 2015 until 2022, he also served as the Superior of the Holy Cross Fathers in English Canada. Since June 2024 he has been serving as the Pastor of St. Rose of Lima Parish in Scarborough. He also serves as a member of his Congregation's General Council. He is a regular celebrant of the Daily TV Mass.