



# SILENT IGNATIAN WEEKEND RETREAT FOR MEN

October 30 - November 1,  
2026

with

Fr. Dexter Gray, SJ

Living with an Open Door:  
Seeing Life Through God's Bigger Picture.

*"See, I have set before you an open door." --- Revelation 3:8*

Life's pressures, uncertainties, and responsibilities can often leave us feeling anxious and restless. This retreat invites men to open their hearts to God's presence, trust His guidance, and see beyond daily challenges to the bigger picture of His purpose and plan. Discover renewed peace, hope, and confidence in the God who walks with us through every season of life.

## Manresa Jesuit Spiritual Renewal Centre

2325 Liverpool Road, Pickering, Ontario L1X 1V4 905-839-2864



Suggested Offering: **\$ 280.00 pp**

This includes your two night's accommodation, meals,  
retreat program and spiritual direction.

Register online at: [manresa-canada.ca](http://manresa-canada.ca)  
Email: [manresaregistration@outlook.com](mailto:manresaregistration@outlook.com)



**Fr. Dexter Fredric Gray** is a Jesuit from Sri Lanka. He has a Bph in Philosophy at the National Seminary of Our Lady in Ampititya Sri Lanka and a BTH in Theology at Loyola School of Theology Manila. His talents include basketball and music. He was Director of Manresa Retreat House in Sri Lanka and Provincial Superior of the Jesuit Province of Sri Lanka and Pakistan Mission. His interests are preaching retreats, group dynamics for youth and spiritual direction.