



Manresa Jesuit Spiritual Renewal Centre

2325 Liverpool Rd., Pickering, ON L1X 1V4

manresa-canada.ca

905-839-2864

DAY OF REFLECTION

April 27th, 2026

with

Fr. Chris Llanos, SJ

Glimpsing the Risen Christ.

Schedule for the Day:

- 9:00 Registration - coffee & muffins
- 9:30 Welcome & Session # 1 in Chapel
- 10:30 Private prayer. Exposition of the Blessed Sacrament. Opportunity for Confession, reflection, and time to wander our grounds.
- 12:30 Lunch in our Dining Room
- 1:45 Session # 2 in Chapel
- 2:30 Eucharist. Depart. You are welcome to stay longer for private prayer, reflection and enjoy our grounds.

We proclaim that Christ is indeed risen from the dead – not merely as a spirit, but in a body that his disciples could see and touch. He shares a meal, invites Thomas to place his finger in the wounds of his hands and side, and makes his presence known in tangible ways. However, some never see him. Most do not immediately recognize him when they do see him: Mary Magdalene mistakes him for a gardener, while the beloved disciple recognizes the Lord at once.

On this Day of Recollection, we will reflect on some of the encounters with the risen Christ found in Scripture, and explore some ways we, too, can be open to personally meeting the risen Christ today.

Suggested Offering: \$ 75.00 pp

Includes lunch and coffee/tea break.

Register online at: manresa-canada.ca

Email: manresaregistration@outlook.com



Fr. Christopher Llanos, SJ was born on the Caribbean Island of Trinidad and moved as a child to Calgary in 1971. He pursued studies at the University of Calgary, where he earned a degree in Psychology and briefly worked as a supervised therapist for individuals on the Spectrum. In 1986, Fr. Llanos entered the Jesuits, subsequently undertaking philosophical studies in Chicago, followed by two years of service at an inner-city school and church in Kingston, Jamaica.

Upon presbyteral ordination, Fr. Llanos engaged in pastoral work in Jamaica. He later pursued advanced education, obtaining a Doctorate specialized in Immigration Policy and Ethics from Harvard University. Following the completion of his doctorate, he served by teaching, counselling and conducting retreats and giving spiritual direction.