

Manresa Jesuit Spiritual
Renewal Centre

2325 Liverpool Road, Pickering, ON L1X 1V4
905-839-2864

SILENT
INDIVIDUALLY
DIRECTED
8-DAY RETREAT

August 4 - 11, 2026



FOR MEN & WOMEN



An individually directed retreat provides participants with a sacred space for silence, prayer and spiritual renewal all in a peaceful environment for eight days.

You will benefit from all the usual Manresa amenities: silence, a private room, all meals, daily celebration of the Eucharist, and access to the grounds at their summer best.

A directed retreat offers you a daily one-on-one meeting with your experienced spiritual director. Our directors are trained in the Ignatian tradition and include both religious and lay persons. They serve as a guide, helping you and God to engage with each other.

Suggested offering: \$ 1,225.00 pp

We also offer this retreat to those that **do not desire spiritual direction**, just quiet time away with God in prayer.

Suggested offering: \$ 980.00 pp

Both retreats include seven night's accommodation with meals. This retreat begins on Tuesday with dinner served at 5:30 pm and ends with lunch the following Tuesday.

TO REGISTER:

ONLINE: manresa-canada.ca

EMAIL: manresaregistration@outlook.com

