



Manresa Jesuit Spiritual
Renewal Centre
2325 Liverpool Road,
Pickering, ON L1X 1V4



DAY OF REFLECTION FOR WOMEN

Saturday, March 21, 2026
9:30 am - 4:00 pm

Healing and Forgiveness: How Identity Lies and Wounds Keep us Stuck, and How to Move Forward.

“I have come that they might have life and have it to the fullest.” (John 10:10)

Living fully as human beings is difficult when we have experienced hurts that lead to false beliefs which keep us from finding true freedom in Christ. By exploring the desires of the human heart and the wounds and Identity lies that keep us bound in unforgiveness and other sins or vices, we will look at how the Sacraments, God’s grace, and the Gifts and Fruits of the Holy Spirit can bring health, healing and restoration so we can live the abundant life we are called to.

Join us for this interactive workshop reflection day of fellowship, refreshment and insightful tools. Come away for a while from the busyness of life to pray, reflect, enjoy the lovely grounds, connect, share a meal, and celebrate Mass with other Women of Faith.

Suggested Offering: \$ 75.00 per person

Includes lunch and coffee/tea break on arrival

For more information and to register,
please contact Veronica at:
boutiquecoachingconnections@gmail.com



Veronica Ljubicic is a Salesian Cooperator and certified Catholic Life Coach trained through Metanoia Catholic. She guides women through workshops, retreats, group, and one-on-one coaching where she helps them discern and develop their gifts, grow in resilience by optimizing their internal and external environments, and customize strategies that support them through work-life transitions. Formerly, Veronica worked in youth and young adult ministry where she developed foundational programs and networks throughout the GTA and Canada. Her background is in Communications, Marketing and Business. She resides in Toronto and offers her services through Boutique Coaching Connections.