



WOMEN SILENT IGNATIAN WEEKEND

Manresa Jesuit Spiritual Renewal Centre
2325 Liverpool Road, Pickering, Ontario L1X 1V4
905-839-2864

April 10 - 12, 2026

Fr. Kevin Kelly, SJ

presents

When Life Stretches Us: An Ignatian Retreat on Resilience



This Ignatian retreat on resilience invites participants to receive resilience not first as a personal achievement, but as a grace given by God and nurtured through relationship with God.

Through prayer and reflection, retreatants are helped to notice how resilience grows as they learn to remain faithful in moments of struggle, discouragement, and uncertainty, rather than fleeing from them. Scripture offers rich models of resilience—figures such as Hannah, David, Job, and Jesus himself—who trust God amid trial and allow suffering to deepen, rather than diminish, their freedom. In the Ignatian tradition, resilience is strengthened by honest self-awareness, discernment, and attentiveness to God's presence in both consolation and desolation.

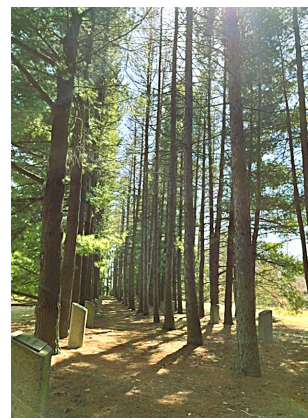
Ultimately, the retreat reveals resilience as essential to growing trust and hope, enabling us to persevere with confidence that God is at work even when outcomes are unclear.

Suggested Offering: \$ 280.00 pp

Includes your two night's accommodation, meals,
retreat program and spiritual direction.

Register online: manresa-canada.ca

Email: manresaregistration@outlook.com



Fr. Kevin Kelly, S.J., entered the Society of Jesus in 2011. He worked for 12 years in a multinational pharmaceutical company where he held several leadership positions in Canada, the US and Europe. He was ordained to the priesthood in May 2020. Kevin is currently the Executive Director of the Ignatian Spirituality Centre of Montreal.

Father Kevin's ministry focuses on spiritual accompaniment and retreat animation, integrating Ignatian spirituality into the business context, and working with those in recovery from addiction. Kevin is a member of the Ignatian Spirituality Project, a retreat program that supports those in recovery who have experienced homelessness.