



**Manresa Jesuit Spiritual
Renewal Centre**

2325 Liverpool Road,
Pickering, ON L1X 1V4
manresa-canada.ca 905-839-2864

DAY OF REFLECTION
Monday, November 24, 2025
with Fr. Robert Foliot, SJ

How to receive:
Fall into seeing. See into liking. Like into becoming one.

Schedule for the Day:

- 9:00** Registration - coffee & muffins
- 9:30** Welcome & Session # 1 in Chapel
- 10:30** Private prayer. Exposition of the Blessed Sacrament. Opportunity for Confession, reflection, and time to wander our grounds.
- 12:30** Lunch in our Dining Room
- 1:45** Session # 2 in Chapel
- 2:30** Mass. Depart. You are welcome to stay longer for private prayer, reflection, and enjoy our grounds.

Every encounter is an opportunity to receive.
 Every judgement is an occasion to appreciate.
 The thoughts of many of us are invaded by negativity.
 Our minds are invaded by negative judgements.
 Is there a path to freedom? Yes.
 Fall into seeing. See into liking. Like into becoming one.
 Come to a day of reflection, freeing, and renewal.

Suggested Offering: \$ 70.00 pp
Includes lunch and coffee/tea break.

Register online at: manresa-canada.ca
 Email: manresaregistration@outlook.com



Fr. Robert Foliot, SJ entered the Society of Jesus in 1962 and was ordained in 1973. He has been the pastor of Jesuit parishes and served as the Superior for Jesuit Communities across Canada for over 30 years. He has done much of his ministry in multi-cultural settings, lived and worked with First Nations people and is fluent in French and Spanish. He is presently at the Martyrs' Shrine in Midland, ON.