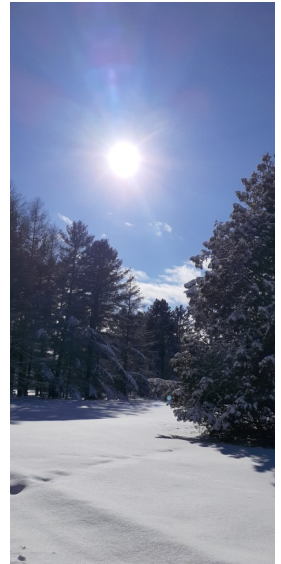


IGNATIAN WEEKEND RETREAT FOR MEN

January 23 - 25, 2026

with

Fr. Dexter Gray, SJ



Pilgrims of Hope: Guided by the Past, Inspired by the Future

As people of faith, we journey together as pilgrims—rooted in God's faithfulness, strengthened by hope, and called to witness in love. This year's theme, "*Pilgrims of Hope: Guided by the Past, Inspired by the Future*," invites us to reflect on where we have come from, where God is leading us, and how we are called to live today.

Through three moments of reflection, we will:

- Remember the Past:** Celebrating God's enduring faithfulness throughout history.
- Walk in Hope:** Entrusting our future into God's hands with courage and confidence.
- Live the Present :** Bearing witness through love, compassion, and service in our world today.

Come and journey with us as we discover anew what it means to be pilgrims of hope—grateful for the past, trusting for the future, and faithful in the present.

Manresa Jesuit Spiritual Renewal Centre

2325 Liverpool Road, Pickering, Ontario L1X 1V4 905-839-2864



Suggested Offering: \$ 270.00 pp

This includes your two night's accommodation, meals, retreat program and spiritual direction.

Register online at: manresa-canada.ca

Email: manresaregistration@outlook.com



Fr. Dexter Fredric Gray is a Jesuit from Sri Lanka. He has a Bph in Philosophy at the National Seminary of Our Lady in Ampititya Sri Lanka and a BTH in Theology at Loyola School of Theology Manila. His talents include basketball and music. He was Director of Manresa Retreat House in Sri Lanka and Provincial Superior of the Jesuit Province of Sri Lanka and Pakistan Mission. His interests are preaching retreats, group dynamics for youth and spiritual direction.