

Manresa Jesuit Spiritual Renewal Centre  
2325 Liverpool Rd., Pickering ON L1X 1V4  
manresa-canada.ca 905-839-2864

# MEN IGNATIAN SILENT RETREAT WEEKEND

May 2 - 4, 2025

*with*

Fr. Henk van Meijel, SJ



## Praying with the Wisdom Tradition of the Old Testament.

Although many believers are not attracted to the Old Testament since God is often portrayed as a warrior God; nevertheless, the Old Testament is made up of different genres whereof one is the Sapiential Books, aka, the Books of Wisdom: Proverbs, Psalms, Job, Song of Songs, Ecclesiastes, Book of Wisdom, Wisdom of Sirach, and to some extent Baruch.

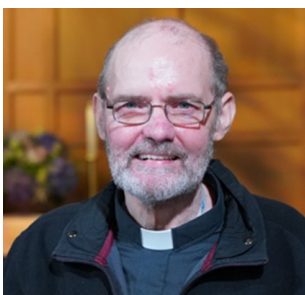
These wisdom books grant us much guidance for simple everyday living as a Christian in our contemporary world.

Suggested Offering: \$ 260.00 pp

*Includes your two night's accommodation, meals, retreat program and spiritual direction.*

Register online: [manresa-canada.ca](http://manresa-canada.ca)

Email: [manresaregistration@outlook.com](mailto:manresaregistration@outlook.com)



**Fr. Henk** is the director of Manresa. Henk joined the Society of Jesus in 2006 at age 50, after having been proprietor for 25 years of a small business, and about five years of coordinating youth ministry. His initial spiritual direction formation was at Loyola House, Guelph, Ontario. He has a Master of Divinity degree from Regis College, Toronto. He worked at the Jesuit Native apostolate on Manitoulin Island, whereupon he studied at the University of Divinity, Melbourne, Australia, with an emphasis on Ignatian leadership and pastoral counselling.