



## Manresa Jesuit Spiritual Renewal Centre

2325 Liverpool Road, Pickering, ON L1X 1V4  
905-839-2864

# WOMEN SILENT IGNATIAN RETREAT

## April 4 - 6, 2025

Suggested Offering: \$ 260.00 pp

Includes: Two night's accommodation,  
meals, retreat program & spiritual direction.

Register online:  
[manresa-canada.ca](http://manresa-canada.ca)

Email:  
[manresaregistration@outlook.com](mailto:manresaregistration@outlook.com)



*Sr. Mary Rowell, csj presents*

### A FEMININE EVOLUTION AND EMBRACE OF IGNATIAN SPIRITUALITY.

From the very beginning of the spiritual transformation of St. Ignatius of Loyola, women have played an essential and gifted role in its evolution.

During this retreat we will explore those feminine origins and impact over the centuries and including today. The rich contemporary relevance of Ignatian spirituality for women today will be explored, with special focus on the art of discernment as the extraordinary love of God experienced in the ordinariness of our lives.



**Sr. Mary** is a Sister of St. Joseph in Canada based at Villa St. Joseph Ecology and Spirituality Centre in Cobourg, Ontario where she leads retreats, courses, and is a spiritual director. She provides retreats and workshops across Canada and the United States. Formerly a nurse and nurse educator, Sr. Mary worked in health care and education around the world. Sr. Mary holds a Bachelors degree in Philosophy and a Masters in Medical Law and Ethics from the University of London, U.K. and a Doctorate in Theology from the University of Durham, U.K. where her research focused on the interface of bioethics and theology. Sr. Mary is also a member of the Board of Directors at Covenant House.