



Manresa Jesuit Spiritual Renewal Centre

2325 Liverpool Rd., Pickering, ON L1X 1V4
manresa-canada.ca 905-839-2864



DAY OF REFLECTION

November 25th, 2024

with

Mary Bastedo, M.Div.

“Welcoming the Incarnation.”

Schedule for the Day:

- 9:00** Registration - coffee & muffins
- 9:30** Welcome & Session # 1 in Chapel
- 10:30** Private prayer. Exposition of the Blessed Sacrament. Opportunity for Confession, reflection, and time to wander our grounds.
- 12:30** Lunch in our Dining Room
- 1:45** Session # 2 in Chapel
- 2:30** Mass. Depart. You are welcome to stay longer for private prayer, reflection and enjoy our grounds.

Advent invites us to a place of deep interiority as we anticipate the coming of God in our midst. How can we actively recognize and welcome the presence of the Holy in our communities and in our hearts?

Drawing on the wisdom and experience of synodality, the day will offer times of silent prayer with scripture as well as circles of spiritual conversation.

Suggested Offering: \$ 65.00 per person

Includes lunch and coffee/tea break.



Mary Bastedo, M. Div., is an Ignatian retreat leader and spiritual director who for over 50 years has lived, worked and discovered friendship among people with developmental disabilities in the context of L'Arche. She has been a consecrated virgin since 1990.

Register online at: manresa-canada.ca
Email: manresaregistration@outlook.com