



Manresa Jesuit Spiritual Renewal Centre

2325 Liverpool Rd. Pickering, ON L1X 1V4
manresa-canada.ca
905-839-2864

A Journey of Hope Saturday, November 16, 2024

A Day of Reflection and Prayer
for Parents of Young Adults
with Mental Health Issues

Where is God in the struggles and joys in the lives of our children and in our own lives? How can we encounter God's love, find support and give love and care in return?

The day includes prayer, presentations, sharing, group discussion, and time for personal reflection.

Suggested Offering: \$ 65.00 pp

Includes lunch and coffee/tea break.



Register online: manresa-canada.ca

Email: manresaregistration@outlook.com

This special Day of Reflection and Prayer will be facilitated by **Sr. Mary Rowell, csj.**

Sr. Mary is a Sister of St. Joseph in Canada based at Villa St. Joseph Ecology and Spirituality Centre in Cobourg, Ontario where she leads retreats, courses, and is a spiritual director. She provides retreats and workshops across Canada and the United States. Formerly a nurse and nurse educator, Sr. Mary worked in health care and education around the world. Sr. Mary holds a Bachelors degree in Philosophy and a Masters in Medical Law and Ethics from the University of London, U.K. and a Doctorate in Theology from the University of Durham, U.K..

