



Manresa Jesuit Spiritual Renewal Centre

2325 Liverpool Road, Pickering,
ON L1X 1V4
manresa-canada.ca
905-839-2864

DAY OF REFLECTION

April 29, 2024

with Sr. Mary Rowell, csj
Hospitality of the Heart.

Schedule for the Day:

- 9:00** Registration - coffee & muffins
- 9:30** Welcome & Session # 1 in Chapel
- 10:30** Private prayer. Exposition of the Blessed Sacrament. Opportunity for Confession, reflection, and time to wander our grounds.
- 11:30** Meditation with Chaplain Tomy Valookaran. (Brebeuf Conference Room)
- 12:30** Lunch in our Dining Room
- 1:45** Session # 2 in Chapel
- 2:30** Mass. Depart. You are welcome to stay longer for private prayer, reflection, and enjoy our grounds.

During this Day of Reflection we will be invited to enter deeply into the value and practice of hospitality, shared at many levels of culture and faith, and at the very centre of the Christian life. We will look anew and contemplatively at the dynamic of hospitality.

Drawn beyond common and limited understandings of hospitality our reflections will focus on God as the source of hospitality, receiving the gift of Divine Love, hospitality to the self, the expanding love of neighbour and hospitality to an unknown future.

The day will include opportunities for communal and personal prayer, presentations and reflections to accompany us on the day's journey .

Suggested Offering: **\$ 65.00** per person

Includes lunch and coffee/tea break.

Register online at: manresa-canada.ca email: registration@manresa.ca



Sr. Mary is a Sister of St. Joseph in Canada based at Villa St. Joseph Ecology and Spirituality Centre in Cobourg, Ontario where she leads retreats, courses, and is a spiritual director. She provides retreats and workshops across Canada and the United States. Formerly a nurse and nurse educator, Sr. Mary worked in health care and education around the world. Sr. Mary holds a Bachelors degree in Philosophy and a Masters in Medical Law and Ethics from the University of London, U.K. and a Doctorate in Theology from the University of Durham, U.K. where her research focused on the interface of bioethics and theology. Sr. Mary is also a member of the Board of Directors at Covenant House.