

## Manresa Jesuit Spiritual Renewal Centre



2325 Liverpool Road, Pickering, ON L1X 1V4 905-839-2864 manresa-canada.ca

## SILENT IGNATIAN RETREAT FOR WOMEN February 2 - 4, 2024

Praying with the Wisdom Tradition of the Old Testament.

Although many believers are not attracted to the Old Testament since God often is portrayed as a warrior God; nevertheless, the books of Proverbs, Psalms, Job, Song of Songs, Ecclesiastes, Wisdom of Solomon, and Wisdom of Sirach give us much material to pray with and to reflect on to navigate us through the troubles of our contemporary world, in our own family and community.

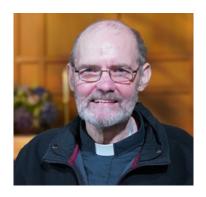
## Facilitated by Fr. Henk van Meijel, SJ

Register online at: manresa-canada.ca

Email: registration@manresa.ca

Suggested Offering: \$ 250.00 pp

This includes your two night's accommodation, meals, retreat program and spiritual direction.



**Fr. Henk** is the director of Manresa. Henk joined the Society of Jesus in 2006 at age 50, after having been proprietor for 25 years of a small business, and about five years of coordinating youth ministry. His initial spiritual direction formation was at Loyola House, Guelph, Ontario. He has a Master of Divinity degree from Regis College, Toronto. He worked at the Jesuit Native apostolate on Manitoulin Island, whereupon he studied at the University of Divinity, Melbourne, Australia, with an emphasis on Ignatian leadership and pastoral counselling.