



## Manresa Jesuit Spiritual Renewal Centre



2325 Liverpool Road, Pickering, ON L1X 1V4  
905-839-2864 manresa-canada.ca

# SILENT IGNATIAN RETREAT FOR MEN October 13 - 15, 2023

## *Praying with the life of Sr. Faustina Kowalska*

While most Catholics are familiar with the Icon of the Divine Mercy which is found in most parishes, less known is the life of Sr. Faustina, an obscure Polish nun whom Jesus used to proclaim God's infinite mercy to all who desire to receive it. This retreat is meant to assist retreatants to move to a deeper insight into the spiritual life of Sr. Faustina which hopefully leads to a deepen understanding and acceptance of retreatants own life journey with God.

## Facilitated by Fr. Henk van Meijel, SJ

Register online at: [manresa-canada.ca](http://manresa-canada.ca)

Email: [registration@manresa.ca](mailto:registration@manresa.ca)

Suggested Offering: \$ 250.00 pp This includes your two night's accommodation, meals, retreat program and spiritual direction.



**Fr. Henk** is the director of Manresa. Henk joined the Society of Jesus in 2006 at age 50, after having been proprietor for 25 years of a small business, and about five years of coordinating youth ministry. His initial spiritual direction formation was at Loyola House, Guelph, Ontario. He has a Master of Divinity degree from Regis College, Toronto. He worked at the Jesuit Native apostolate on Manitoulin Island, whereupon he studied at the University of Divinity, Melbourne, Australia, with an emphasis on Ignatian leadership and pastoral counselling.