

# Ignatian Spirituality for Living and Loving: A Feminine Face for a New Day.



**Friday, March 10 — Sunday, March 12, 2023**

## **A RETREAT FOR WOMEN TODAY.**

Ignatian Spirituality gifts us with lively faith and deep promise in a world that is both beautiful and struggling. It nourishes us in the practice of the presence of God in all reality and in the sacred mystery of the “ordinary”. For many women, however, past presentations and interpretations of Ignatian Spirituality have created obstacles to their appreciation, acceptance and living of it. In this time of retreat, we will explore the Ignatian tradition anew and its practice in light of women’s experiences in contemporary living.

We will seek together the feminine face of Ignatian Spirituality; a face that brings freedom of expression and a fullness to the dynamic of the Ignatian tradition for a new time and in novel ways for a world hungry for hope.

### **Manresa Jesuit Spiritual Renewal Centre**

2325 Liverpool Road, Pickering, Ontario L1X 1V4 905-839-2864



Suggested Offering: **\$ 245.00** per person

Register online at: [manresa-canada.ca](http://manresa-canada.ca)



### **The facilitator is Sr. Mary Rowell, csj.**

Sr. Mary is a Sister of St. Joseph in Canada based at Villa St. Joseph Ecology and Spirituality Centre in Cobourg, Ontario where she leads retreats, courses, and is a spiritual director. She provides retreats and workshops across Canada and the United States. Formerly a nurse and nurse educator, Sr. Mary worked in health care and education around the world. Sr. Mary holds a Bachelors degree in Philosophy and a Masters in Medical Law and Ethics from the University of London, U.K. and a Doctorate in Theology from the University of Durham, U.K. where her research focused on the interface of bioethics and theology. Sr. Mary is also a member of the Board of Directors at Covenant House.