



# Manresa Jesuit Spiritual Renewal Centre

2325 Liverpool Road, Pickering, ON L1X 1V4  
manresa-canada.ca 905-839-2864

## DAY OF REFLECTION

March 27th , 2023

*with*

**Fr. Robert Foliot, SJ**

**MASS ALIVE,  
YES, REALLY ALIVE!**

When we Catholics want to pray together, we go to Mass. But the Mass can become so routine, it can become boring. What happens at Mass that could make us choose to want to go again and again? Come and reflect on how the Mass could stay fresh, relevant, and nourishing for us.

### **Schedule for the Day:**

- 9:00 Registration - coffee & muffins
- 9:30 Welcome & Session # 1 in Chapel
- 11:00 Penitential Prayer Service followed by an opportunity for confession.
- 12:30 Lunch in our Dining Room
- 1:45 Session # 2 in Chapel
- 2:30 Celebration of Mass.
- 3:00 Depart. You are welcome to stay longer for Private prayer, reflection and enjoy our grounds.



**Suggested Offering: \$ 65.00 per person**

Includes lunch and coffee/tea break.

Register online at: <https://manresa-canada.ca/events/> or email: [registration@manresa.ca](mailto:registration@manresa.ca)



**This special Day of Reflection will be facilitated by**

**Fr. Robert Foliot, SJ**

**Fr. Bert** was born in Montreal, entered the Jesuits in 1962 and was ordained a priest in 1973. He was the pastor of numerous parishes – St. Ignatius Parish in Winnipeg, Our Lady of Lourdes Church in downtown Toronto and among the Indigenous people of Manitoulin Island. He was the Rector of Regis College in Toronto and Director of the National Jesuit Development Office. He served as the Superior of the Pickering Jesuits and the director of the Jesuit Infirmary. He joined the staff at the Martyrs' Shrine in Midland, Ontario in September 2021. From there he serves as the Roman Catholic priest at the Beausoleil First Nation on Christian Island.