



Manresa Jesuit Spiritual Renewal Centre

2325 Liverpool Road, Pickering, ON L1X 1V4
manresa-canada.ca 905-839-2864

DAY OF REFLECTION

February 27, 2023

with

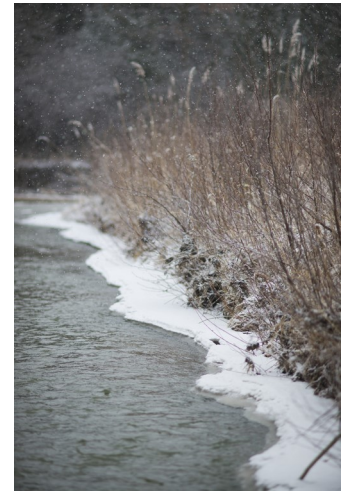
Fr. Michael Coutts, SJ

**In Sackcloth, Joyful, Joyful we
adore you.**

On Wednesday 22nd February, we started the season of Lent. We usually remember Jonah preaching to the Ninevites (Gentiles). They listened to him. They put on sackcloth and ashes. They observed a fast. Our church welcomes us to the “joyful” season of Lent how does one keep joyful in sackcloth and ashes?

Schedule for the Day:

- 9:00** Registration - coffee & muffins
- 9:30** Welcome & Session # 1 in Chapel
- 10:30** Private prayer. Exposition of the Blessed Sacrament
Followed at 11:00 am with an opportunity for confession.
- 12:30** Lunch in our Dining Room
- 1:45** Session # 2 in Chapel
- 2:30** Mass. Depart. You are welcome to stay longer
for private prayer, reflection and enjoy our grounds.



Suggested Offering: **\$ 65.00** per person

Includes lunch and coffee/tea break.

Register online at: <https://manresa-canada.ca/events/> OR email: registration@manresa.ca



**This special Day of Reflection will be facilitated by
Fr. Michael Coutts, SJ.**

Fr. Michael Coutts, S.J. is a Jesuit belonging to the Canadian Province. He is a past Director of Manresa Retreat House and previously, he worked in the Parish of Our Lady of Lourdes — Toronto. Before that he worked for 10 seasons at the Martyrs' Shrine in Midland Ontario. Most of his priestly life, he has been working in Parishes as well as facilitating retreats.