



Manresa Jesuit Spiritual Renewal Centre

2325 Liverpool Road, Pickering, ON L1X 1V4
manresa-canada.ca 905-839-2864

DAY OF REFLECTION

January 30th, 2023

with

Fr. Henk van Meijel, SJ

*Praying with the life of
Sr. Faustina Kowalska, OLM.*

While most Catholics are familiar with the Icon of the Divine Mercy which is found in most parishes, less known is the life of Sr. Faustina, an obscure Polish nun, whom Jesus used to proclaim God's infinite mercy for all who desire to receive it.

Schedule for the Day:

- 9:00 Registration - coffee & muffins
- 9:30 Welcome & Session # 1 in Chapel
- 10:30 Private prayer. Exposition of the Blessed Sacrament
Followed at 11:00 with an opportunity for confession.
- 12:30 Lunch in our Dining Room
- 1:45 Session # 2 in Chapel
- 2:30 Mass. Depart. You are welcome to stay longer for
Private prayer, reflection and enjoy our grounds.



Suggested Offering: \$ 65.00 per person

Includes lunch and coffee/tea break.

Register online at: <https://manresa-canada.ca/events/> or email: registration@manresa.ca



This special Day of Reflection will be facilitated by

Fr. Henk van Meijel, SJ

Fr. Henk is the director of Manresa. Henk joined the Society of Jesus in 2006 at age 50, after having been proprietor for 25 years of a small business, and about five years of coordinating youth ministry. His initial spiritual direction formation was at Loyola House, Guelph, Ontario. He has a Master of Divinity degree from Regis College, Toronto. He worked at the Jesuit Native apostolate on Manitoulin Island, whereupon he studied at the University of Divinity, Melbourne, Australia, with an emphasis on Ignatian leadership and pastoral counselling.