



Manresa Jesuit Spiritual Renewal Centre

2325 Liverpool Road
Pickering, ON L1X 1V4
manresa-canada.ca
905-839-2864

DAY OF REFLECTION

May 30th, 2022

with

Les Miller

Exploring the Via Natura

Schedule for the Day:

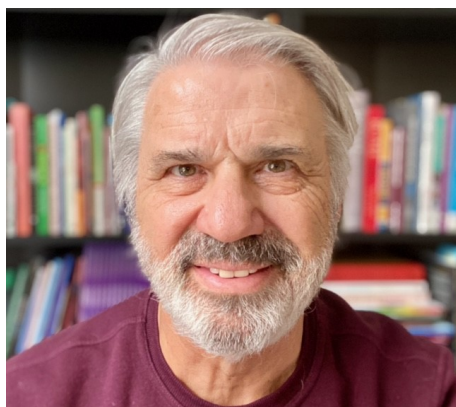
- 9:00 Registration - coffee & muffins
- 9:30 Welcome & Session # 1 in Chapel
- 10:30 Personal Time in nature: walking the Via Natura
- 11:30 Private prayer. Exposition of the Blessed Sacrament
- 12:30 Lunch in our Dining Room
- 1:45 Session # 2 in Chapel
- 2:30 Mass. Followed by concluding insights. Depart. You are welcome to stay longer for private prayer, reflection and enjoy our grounds.

The Via Natura is a way of contemplating creation that leads us closer to the Creator. We draw on insights from Celtic spirituality, Teilhard de Chardin SJ, Bernard Lonergan SJ and Pope Francis. We will also be using expressions of the ideas in the presenter's recent book *Northern Light: A Canadian Prayer Book*. This day of recollection will remind us about our place in the flow of creation and healing of our damaged planet.

Suggested Offering: **\$ 50.00** per person

Includes lunch and coffee/tea break.

Register online at: <https://manresa-canada.ca/events/> OR email: registration@manresa.ca



This special Day of Reflection will be facilitated by Les Miller.

Les Miller is an author and presenter from Richmond Hill, ON. He is a consultant with Pearson Canada's *Growing in Faith, Growing in Christ* and an instructor and advisor with the Archdiocese of Toronto's online Catechist formation program. He was Religious Education Coordinator for Y.C.D.S.B., as well as adjunct professor and lecturer at the University of Toronto, York University and Niagara University. He contributed to the Canadian Bishops Grade 12 *In Search of the Good*, and the Ontario Bishops, *World Religions: A Canadian Catholic Perspective*. Les is author or co-author of many published books including *Words for the Journey*, the *25 Questions* series, *Foundations of Our Faith*, and *A Catholic Teacher's Companion* through Novalis. His book of prayers and photographs, *Northern Light (2020)* uses the practice of Via Natura to provide impressions of the Canadian spiritual landscape.